

# Welcome to the 2025 Jingle Mingle

**Thank you for your generosity** this past year in support of Lopez Island Home & Hospice Support (LIHHS) and our ongoing efforts to help Lopezians remain safely at home.

## 2025 LIHHS Highlights

- More than **1,100 hours of volunteer visits** to Lopezians
- Over **250 pieces of durable medical equipment**—walkers, canes, wheelchairs, shower chairs—loaned free of charge to residents recovering from injury or illness
- **Six small safety grants awarded**, totaling nearly \$7,000, helping community members stay safely in their homes
- **More than 60 participants** took part in *Balance is Your Friend*, our Living Well on Lopez workshop offered in collaboration with Lopez EMS, Lopez Physical Therapy, and Lopez Fit
- **Three new Lopez Fit machines** purchased in consultation with Lopez Physical Therapy, made possible by generous donors to LIHHS's 2025 Give Lopez campaign (\$16,550 raised!)

Throughout the year, LIHHS has collaborated closely with **Lopez Island EMS, Lopez Physical Therapy, Lopez Fit, Creaky Yoga, the Senior Center, and Hamlet House & Cottages** — all working together to support safety, connection, and quality of life for our neighbors.

Thank you for making these services possible, and for helping ensure LIHHS can continue offering all of them **free of charge** to the Lopez community.